



Getting the Most from Your New Medicine: NHS New Medicines Service

You have received this leaflet as your pharmacist has recently spoken with you regarding your newly prescribed medicines. Please use this leaflet for support, your local community pharmacist is always happy to support with any questions you may have.

Salbutamol

What is it used for?

Salbutamol is a reliever inhaler used to quickly relieve symptoms such as wheezing, breathlessness and chest tightness.

How should I take it?

Use when needed for symptoms or before exercise if advised, more details can be found in your asthma plan supplied by your general practice if you have one.

How does the drug work?

Salbutamol works by relaxing the airway muscles quickly to open up the lungs.

What can I expect when starting this medicine?

Salbutamol effects should start working within minutes of taking your dose.

What are some common side effects?

Shakiness, fast heartbeat, headaches

Other important advice

Always seek advice as per your asthma plan, your general practice or community pharmacist if your symptoms persist or worsen following your dose of salbutamol.

If you have any questions

Your community pharmacist is here to help. If you have any questions or concerns about your new medicine, your local pharmacy is available to answer any questions:

